



**TAYLOR
STATION**

Surgical Center

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Endoscopy Preparation Instructions

To help determine your medical treatment, you have been asked to undergo a procedure called **ENDOSCOPY**, which is simply an examination of your **UPPER GI TRACT**.

The endoscopy is performed using an instrument called an endoscope or gastrointestinal fiberscope. The endoscope is a flexible tube narrow enough so that you can breathe around it during the procedure. It permits the physician to look into your esophagus, stomach, and duodenum, enabling him to diagnosis your illness and plan specific treatments.

The night before your endoscopy, you will be asked not to eat or drink anything after midnight. Immediately before the endoscopy, you will be given a Novocain – like spray to numb your throat. Next, intravenous sedative medication will be administered to help you relax. The procedure is brief, (about 15 minutes) and is done while you lay on your left side. You will be asked to cooperate and follow simple directions to enable the physician to perform this procedure. During the endoscopy, you may experience a gagging, coughing, or choking sensation, but these symptoms will subside quickly.

Following the exam, you will be asked not to eat or drink for two hours. You may feel drowsy and sleep for a short time. A nurse will stop in frequently during the first hour to see how you are feeling.

The endoscopy is a brief, but important, diagnostic test. Please do not hesitate to ask your physician or nurse if you have any additional questions or concerns.

PLEASE BE CERTAIN TO BRING SOMEONE WITH YOU AS YOU WILL NOT BE PERMITTED TO DRIVE YOURSELF HOME BECAUSE OF THE SEDATION. YOU WILL ALSO NOT BE PERMITTED TO SIGN ANY LEGAL DOCUMENTS OR RETURN TO WORK THE DAY OF THE PROCEDURE.

A CAB IS NOT PERMITTED TO TAKE YOU HOME; YOU MUST HAVE A FRIEND OR FAMILY MEMBER TAKE YOU HOME.

Please plan to be at TSSC 1 ½ hours before your scheduled procedure time. If you have any questions please call (614) 751-4466.

NOTE: Please bring a list of medications with you the day of your procedure. *****IF YOU ARE TAKING COUMADIN, WARFARIN OR PLAVIX CALL TSSC TO TELL US THIS IMMEDIATELY*****